

# RIVACRE NEWSLETTER

## January 2020

  
making space  
Kind hearted care and support

### HAPPY NEW YEAR!!

## SUNSHINE AND SHOWERS

2019 was a summer where we have had fun with our families and friends but also had to say goodbye to one of our own. As always we have shared some good times and made more memories to cherish.

## MAGIC OF THE MOVIES

S&L Disco came and turned the lounge into a cinema for the evening, screening a fun favourite 'Carry On Up The Jungle'. There have also been lots of trips to the cinema at the Vue, catching movies including The Gentlemen, IT, Once Upon a Time in Hollywood. Carmel's favourite film was the latest Star Wars.

## LIVING YOUR BEST LIFE

Jenna enjoyed doing her favourite thing, looking at cars! The car show at Claremont Farm in Bebington is always a highlight for her.



Jenna was very impressed with the Knight Rider 'Kit' car from the television programme.

## INCREDIBLE EGGS BRINGS RIVACRE TO A STANDSTILL



In March the hatching kit and eggs arrived for us all to look after. The eggs were kept in an incubator until they hatched. Everyone watched as the eggs started to crack. First chick was named Sky by Carmel, the second hatched on the same day and was named Chucky by Jenna. The next day Yogi came and was named by Paula. Finally Betsy arrived and was named by Loretta.

The chicks stayed with us for a further week, the first few days they were tired and sleeping but were soon chirping and pecking around in their brooding cage and snuggling under their electric brooder. We had to ensure the drinker and feeder were kept topped up and check that the brooder was keeping them warm.



The chicks certainly didn't get lonely while they stayed with us at Rivacre, there was always someone sitting with them, residents and their families enjoying having them around. Some staff hardly got any work done that week!! They let us hold them too which was lovely.

It was such a huge success that this March we will be welcoming duck eggs; we must be quackers!!

## RESIDENTS CHOOSE THEMES FOR PARTY NIGHTS

### PEACE, LOVE & PARTY

Loretta chose to have a night of 60's music, she helped to decorate the lounge and to prepare the buffet. The residents enjoyed swinging to the music and joined in a quiz afterwards with Tim winning first prize.



### 1940's GOODNIGHT SWEETHEART

Tim took us all back to the 40's



Ration cards, famous faces and images from 40's

### A TEA FIT FOR A QUEEN

Sheila chose an afternoon tea



Ann-Marie, Loretta and Carmel toast a top tea

## PAULA'S THEME...YOUR'E HAVING A LAUGH



It was no surprise that Paula chose to have 'Comedy' as her theme night. Paula helped to prepare a Chinese buffet for dinner. Everyone had a funny place setting and Donna became the resident comedienne telling jokes throughout the evening. Later on we watched comedy sketches, including the Two Ronnies "Four candles"!



Paula rustles up a stir fry



The name the comedian quiz

## AN EVENING AT THE BALLET

Paula, Loretta and Kerry went along to the Civic Hall in Ellesmere Port to see the ballet Coppelia. The story is when eccentric toymaker Dr Coppelius leaves his greatest creation, the doll Coppelia, on his workshop balcony she's soon causing quite a stir in the village. The sets, music and dancing were enchanting and the men in tights made Paula blush!

## BIRTHDAY WISHES

We love any excuse to have a good time and birthdays are a great time to get together and celebrate.



### UPCOMING BIRTHDAY'S TO CELEBRATE

Feb

Rox 1st

Mar

Denise 11<sup>th</sup>

David 13<sup>th</sup>

Apr

Emma 18<sup>th</sup>

## TRYING SOMETHING NEW



Ann-Marie and Kerry visited the Galley restaurant at Ellesmere Port boat museum. The afternoon tea was very tasty, and very filling! The tea and chat was flowing and it is something they will definitely do together again.



Jenna presents the buffet is open!!

## WELCOME, THE FOODS GREAT!!

To celebrate National Care Homes day, Rivacre held its own Family Fun Day. We welcomed family and friends to join us for a buffet and BBQ. We held a quiz and raffle with some great prizes. The children enjoyed the bouncy castle, slushy machine and popcorn maker and played garden games.



In September Donna Hill finished as Support Worker at Rivacre. Donna had been with us for many years and will be very much missed by both staff and residents and we all wish her well.

Shirley Gleeson also moved to apply her cooking skills in a new role. We hope that she really enjoys her new job.

A big thank you for being great people to work with.

## THAT GOLF...ITS CRAZY!



Who is that on the left?!

There was some monkey business going on when Loretta, Alan, Tom, Tim, Emma and Ann went to the crazy golf at Adventure Island, Cheshire Oaks.

## TWO WHEELS AND DETERMINATION

In July staff from Rivacre decided to take on the Liverpool to Chester bike ride. It took four hours so the pint at the end was very well deserved. The sponsorship raised enough money to purchase some garden furniture and planters.

This year the plan is to take on the Wirral Coastal Walk, just a little 15-mile trek around the Wirral peninsular. So don't be surprised when the sponsorship form comes around!

## A FOND FAREWELL

In June we said a fond farewell to David Woodward when he passed away. David had lived at Rivacre for 18 years. David will be remembered as a real gentleman, well-mannered with a cheeky glint in his eye. Family and friends came together to remember him and share stories of happy memories. David had the following poem in his room.

### *A Smile*

A smile costs nothing, but gives so much.  
It enriches those who receive,  
without making poorer those who give.  
It takes but a moment,  
but the memory of it sometimes lasts forever.

None is so rich or mighty that he can get along without it,  
and none is so poor as to not have a smile to give away.  
A smile creates happiness in the home,  
fosters goodwill in business and is the countersign of friendship.

It brings rest to the weary, cheer to the discouraged,  
sunshine to the sad, and it is nature's best antidote for trouble.  
Yet it cannot be bought, begged, borrowed or stolen.  
For it is something that is of no value to anyone until it is freely given.

Some people are too tired to give you a smile.  
Give them one of yours,  
as none needs a smile so much as he who has no more to give.

## RESIDENT PUNDITS MAKE FOOTBALL PREDICTIONS!

The football fans at Rivacre decided to compete against each other this season! They gave their own predictions each week for the results of the premier league matches. Points were awarded winning predictions and goals scored. At the end of the season David had the most points and was presented with the winners trophy!



Tim and Ian have made the trip to Prenton Park to watch Tranmere Rovers again this season and Rivacre has aquired a NOW TV stick so the footy fans can catch their teams playing. Ian has been regularly going out to watch the matches at the local pub with Matt and been enjoying the atmosphere and a pint. So if you want to know anything about whats going on in the world of football at the moment come and see the experts at Rivacre!



To Catherine who moved in October 2019. We all hope she settles in well and feels at home.

New to the staff team, Sharon Hill, Dee Lewis and Sandra McAllister a warm welcome.

SEASONAL POEMS BY LORETTA LATHAM



AUTUMN LEAVES

Autumn leaves scatter on the ground  
Golden and yellow  
Rain showers melting away onto the floor  
The cool water of the rain  
Make puddles on the ground  
The cool wind  
Blows gently, caressing your skin  
The dark clouds above your head  
The cold autumn air making your eyes water  
And the fading noise of the wind in the distance  
The feel of the damp rain on your cheeks



A very Happy Christmas and a Happy New year  
Winter is here and lights everywhere  
Music thrilling, Holiness everywhere  
Snow is here soon, children shouting  
Christmas is near

## A SPECIAL NIGHT FOR OUR VIP'S



Paula looking beautiful in purple

This Christmas season we decided to start the festivities with a red carpet affair for our resident VIP's. Everyone was invited to dress for the occasion and they all looked dapper and gorgeous in their outfits. With a welcome glass of something sparkly the guests made their way into the dining room on a red carpet, stopping to have their picture snapped. All joined together for a three course traditional dinner with all the trimmings. Afterwards Elvis came, and didn't leave the building! Giving the guests a great show of all the well known songs and he even had a costume change into the famous white jumpsuit. A big thank you to all the staff who helped to organise the evening, a real night to remember, that our VIP's certainly deserve.



Alan was impeccably dressed for the occasion



Catherine was very sophisticated

IMAGES OF CHRISTMAS



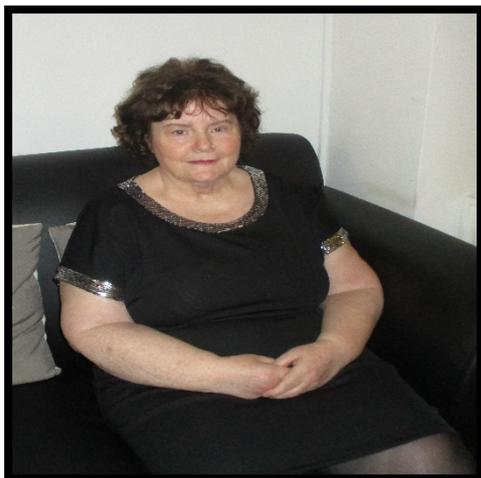
Loretta & Carmel enjoy fireworks at Cheshire Oaks Xmas tree lights switch on



Elvis entertains



Emma getting in the xmas spirit



Loretta in her perfect little black dress

## IMAGES OF CHRISTMAS

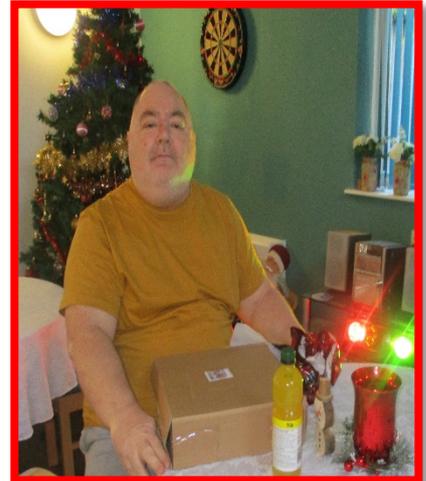
On Christmas morning everyone got together to open their presents, thankfully they had all been good all year and Santa had been!!!



Carmel



Jenna



David



Cheers everyone, very best wishes for 2020