

# Derby City Dementia Support service

Are you, or someone you care for experiencing memory loss, forgetfulness, confusion or other effects of dementia?

If yes, we are here to help.





**Our Derby City Dementia Support service provides support, information and guidance for those living with memory loss, confusion or dementia, and for their carers.**

**For people living in Derby City, the service encourages wellbeing, keeps you informed and offers you the support that allows you to stay independent while adapting to the different stages of memory loss and dementia.**

## What can we help with?

The service covers these key areas of support:

### Memory assessment service

If you have been referred to the memory assessment service you will be invited to meet with one of our experienced dementia advisors as part of the diagnostic procedure.

### Dementia advisors

Our dementia advisors will help you to:

- Understand dementia
- Get help locally
- Maintain independence
- Understand financial and legal matters
- Understand the caring role for people with dementia

Our dementia advisors will also provide advice regarding community care and long-stay care.

### Carer groups

Meet other carers and people living with dementia at one of our carer groups. Get advice and information from sector experts and enjoy a variety of workshops, all while on-site respite is available for the person being cared for.

### Activity sessions

Each month we offer a choice of activities at various locations across Derby City to those living with dementia and their carers. These sessions are perfect for meeting people in similar circumstances to you.

### Musical Memories

A specific song can evoke emotions, change moods and help people communicate their feelings, even for those who can no longer speak. Our musical memories sessions give you the chance to sing-a-long to some of the biggest hits of the past decades and keep you active, both mentally and physically.

## Our aims

- Help you to stay independent
- Encourage you to live as well as possible with dementia
- Help you to enjoy as full and active life as possible
- Support you as you adjust to the different stages of dementia
- Keep you up to date with information on the things that matter, in the way that suits you best

## Partnership working

We are passionate about the support we provide and we want it to be the very best. We therefore know it is important that we work closely with a range of organisations, such as local carers organisations, hospitals and voluntary organisations that can help make a difference.

“Mum didn’t stop talking about the people she had met. It is the best I’ve seen her for a while”

“I now have a better understanding and insight of my role as a carer”

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## Contact us

If you would like more information about how we can help, or to access our service, get in touch with us today:

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Derby City Council



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